

Volunteer Testimonial



Volunteering with the College of Kinesiologists of Ontario has resulted in a great amount of both personal and professional growth.

Ben Matthie



Ben's Volunteer Story

Volunteering with the College of Kinesiologists has resulted in a great amount of both personal and professional growth. My experiences with CKO have exposed me to a group of very talented individuals who are dedicated to supporting others. The College's staff members are very knowledgeable and quick to support kinesiologists, along with Council and committee members.

The high quality of their work always impresses me and sets a standard for other organizations. I have used techniques observed from my work with them in my own professional and personal life to set targets to achieve my own goals.

Meeting and interacting with other Council and committee members has highlighted how many opportunities and possibilities are available to kinesiologists in Ontario. My experiences of collaborating with such a diverse group and working towards the common goal of public protection have resulted in the development of valued professional skills for expanding my role as a practicing kinesiologist.

The Council has always demonstrated a commitment to listening to the views of all Council members, and seeking out a variety of perspectives representative of Ontario.

I have consistently enjoyed volunteering with the College and Council, and look forward to continuing supporting regulatory needs for kinesiologists in Ontario.

Ben Matthie, R.Kin

Registered Kinesiologist

Regional Rehabilitation Centre - Hamilton Health Sciences

CKO Council Vice President

Committees:

Executive, ICRC, Finance and Planning, Exam Appeals, Core Competency Project